



Junior Programmes Education Courses

BADMINTON England offer a number of courses for teachers, coaches and Adults Other Than Teachers (AOTTs), to enable you to deliver fun and progressive badminton activities in schools and junior clubs. Whether you are already teaching badminton or would like some help to get you started, we guarantee that you will be able to learn something from one of the courses within the programme. The various options are outlined inside.



Play it. Love it. Live it.

Badminton for Teachers (Primary)

The Course is aimed to support teachers and coaches in developing physical literacy and movement skills needed for badminton and all other daily activities. The programme provides teachers and coaches with a theoretical basis from which to plan and structure practical lessons, and includes many examples of fun games and activities.

The course is broken down into 3 phases, Phase 1 focuses on the development of each of the 7 Primary Movement Patterns and Phase 2 builds on these patterns and helps children to perform functional movements by combining and sequencing e.g. Balance in motion and three dimensional movement. The principles of the 7 movements are utilised and reinforced through each subsequent stage of player development, alongside supporting the principles of Long Term Athlete Development (LTAD).

In Phase 3, you will be introduced to lots of ideas for fun games for younger children as well as ways to introduce the basic techniques, tactics and rules of badminton.

Course Outcomes, candidates will:

- Be able to introduce children to the fundamental movement patterns required for all sport (Gait, Squat, Lunge, Bend/Flexion, Push, Pull, Rotate/Twist).
- Understand LTAD and its importance in badminton.
- Be able to set up meaningful badminton practices/activities suited to the age and stage of the child, the size of the group and the facility/equipment available.
- Be able to set up competitive badminton games and activities suited to the age and stage of the child, the size of the group and the facility/equipment available.
- Be able to use and adapt the BIG resources to develop lesson plans and programmes of work for badminton activities.
- Be able to introduce basic badminton techniques and rules to children.

Whilst the programme will develop the foundations for badminton players, its use is much wider than that, and the core principles are transferable for the development of all young sportspeople.

Core Course Resources

Phase 1 pack - Establishing Primary Movements (Key Stage 1)

Phase 2 pack - Mastering the Components of Functional Development (Key Stage 1/2)

Phase 3 pack - Development of Badminton Specific Skills

Course length: **7 hours (including breaks)**

For cost of courses please see information on www.badmintonengland.co.uk

Badminton for Teachers (Secondary)

This course will provide you with the basics required to introduce the core badminton skills to secondary school age children and will also introduce you to a wide range of ideas for badminton activities and games supported by the Bisi Activity Cards - Pack C. This course will provide you with the basics of teaching badminton, including an introduction to the different strokes and how to develop them, scoring and the rules, as well as lots of ideas for activities and games that you can set up with pupils in PE lessons and after school clubs.

Course Outcomes, candidates will:

- Be able to introduce the basic techniques for a number of strokes
- Understand scoring and the basic rules
- Be able to set up meaningful badminton practices/activities suited to the age and stage of the child, the size of the group and the facility/equipment available
- Be able to set up competitive badminton games and activities suited to the age and stage of the child, the size of the group and the facility/equipment available
- Be able to use and adapt the BIG resources and Bisi Activity Cards to develop lesson plans and programmes of work for badminton activities
- Be introduced to the core material required by the GCSE PE (Badminton) syllabus

Through the course we endeavour to cover the core elements that are required by teachers who are delivering the Badminton module for GCSE PE (we cannot guarantee to cover every element of the syllabus for each exam board). You will also be provided with signposts to other resources that you and your pupils will find helpful.

Course Resources

Phase 3 pack - Development of Badminton Specific Skills
Bisi Activity Cards - Pack C

Course length: **8 hours (including breaks)**

For cost of courses please see information on www.badmintonengland.co.uk

Other Supporting Resources

The following resources are also recommended to support these courses: BADMINTON England Technique DVD, Bisi Activity Cards - Pack A - Pack C, Introduction to Basic Strokes and Techniques book and the Bisi Strokes and Techniques Posters, which can be ordered with your course application or through the Online shop.



Badminton Junior Helper Award Familiarisation Training Course

The Badminton Junior Helper Award (BJHA) Familiarisation Training Course is a training opportunity for teachers and coaches who want to deliver the Badminton Junior Helper Award scheme. Attendance on the familiarisation training course is not compulsory for delivering the Award Scheme, however it is essential if the Award is to be given at the advanced 'Gold' level.

The Badminton Junior Helper Award (BJHA) is aimed at young people from age 13 years upwards. The course is presented to young people as a series of workshops (Teamwork, leadership, planning a session/activity, Organising, Managing/Planning Events) and is designed to present the early stages of leadership in a fun yet informative way.

Course Resources

Badminton Junior Helper Delivery Pack (Tutor CD, Student CD and LTAD Concise version)

Course Length: **3 hours**

For cost of courses please see information on www.badmintonengland.co.uk

Organising or Booking onto a Course

If you are interested in organising one of the above courses or an individual looking to attend one of these courses then please contact your local Badminton Development Officer, or look on www.badmintonengland.co.uk.

Further Information

For more information about how to become a BADMINTON England affiliated or Forza Academy school please contact the National Schools Officer at BADMINTON England via email, emilyweller@badmintonengland.co.uk or phone on 01908 268400.

If you would like information about becoming a coach and taking nationally recognised UKCC endorsed coaching qualifications please contact the Coaching Team at BADMINTON England on coaching@badmintonengland.co.uk or the phone on 01908 268400.

Resources and Equipment

Available from www.badmintonengland.co.uk/onlineshop



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